

Supersolid phase of strongly correlated bosons in an optical cavity

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(Dated: March 3, 2013)

We numerically simulate strongly correlated ultracold bosons in a high-finesse optical cavity by means of Bosonic Dynamical Mean Field Theory. The complete phase diagram is established, which contains two novel self-organized quantum phases, supersolid and checkerboard solid, in addition to conventional phases such as superfluid and Mott insulator. At finite but low temperature, thermal fluctuations are found to enhance the buildup of the self-organized phases. We demonstrate that cavity-mediated long-range interactions can give rise to stable supersolid and checkerboard solid phases even in the regime of strong s-wave scattering. In the presence of a harmonic trap, we discuss coexistence of these self-organized phases, as relevant to experiments.

PACS numbers: 67.85.Hj, 37.30.+i, 05.30.Jp, 05.30.Rt

Experimental realizations of atomic many-body systems coupled to a high-finesse cavity have recently attracted a large amount of attention [1]. In particular, the self-organized phase of atoms induced by coherent scattering between pump laser and cavity mode has been predicted theoretically [2], and confirmed experimentally for laser-cooled atoms in a transversally pumped cavity [3]. However, only recently it has become possible to combine a high-finesse cavity with an ultracold quantum gas in the strong-coupling regime and to experimentally investigate properties of a Bose-Einstein condensate (BEC) in an optical cavity [4–7]. A phase transition from a normal to self-organized phase in an open system has been realized [8], and a lifetime up to 10ms of the self-organized phase has been achieved which indicates a steady state. Up to now, these experiments have, however, focused only on weakly interacting condensates. On the theory side, there is a lack of quantitative predictions for strongly-correlated bosons coupled to an optical cavity, even though an extended Bose-Hubbard model has been derived [9, 10] which describes the ultracold gas trapped in a periodic optical potential generated by the high-finesse cavity. Recently, theoretical studies of the BEC-cavity system have predicted that the ground state can be Mott-insulating with finite photon-excitations of the cavity mode [11, 12]. However, the robustness of this self-organized phase against strong contact interactions, finite temperature and the inhomogeneity induced by an external trap remains an important open issue.

To bridge this gap, here we numerically investigate the buildup of self-organized phases in ultracold bosonic gases coupled to a single-mode cavity field, pumped by a laser beam in the transverse direction. This setup is similar to a two-dimensional (2D) classical optical lattice but with a quantized field in the cavity direction. Since the cavity field mediates long-range interactions between atoms [13–15], we investigate the system by means of *real-space* bosonic dynamical mean field theory (RB-DMFT) which captures both strong correlations and spa-

tial inhomogeneity as well as arbitrary long-range order in a unified framework [16].

Motivated by the recent experiment [8], we consider a system of ultracold ⁸⁷Rb atoms with s-wave scattering length $\tilde{a}_s = 5.77$ nm and atomic transition wavelength $\lambda = 780.2$ nm, which is driven by a linearly polarized standing-wave laser with a red-detuned wave length $\lambda_p = 784.5$ nm in the direction perpendicular to the cavity axis. The setup of our simulation consists of the optical cavity in the x -direction, driven by a pump laser in the z -direction, and a strong confinement freezing the motional degree of freedom of the atoms in the third direction [17]. We choose the cavity decay rate as $\kappa = 300\omega_R$ which is close to the experimental value of $\kappa = 2\pi \times 1.3$ MHz [8], where ω_R is the frequency corresponding to the recoil energy, $E_R = \hbar\omega_R = \hbar^2/(2m\lambda_p^2) (\approx 2\pi \times 3.8$ kHz). We choose the light shift as $U_0 = g_0^2/\Delta_a = -0.1$, which leads to an atom-cavity coupling strength g_0 two orders of magnitude larger than the cavity decay rate κ and thus implies that the system is in the strong-coupling regime of cavity QED [7], where Δ_a denotes the atom-pump detuning.

This system can be described by an extended Bose-Hubbard model [9, 10]. We further assume the cavity mode to be in a coherent state to simplify the atom-cavity coupling, which is in good agreement with experimental results [8]. Within this approximation, the cavity mode is described by a complex amplitude α , and the parameters of the extended Bose-Hubbard model only depend on the average photon numbers. We thus finally obtain the effective Hamiltonian employed in the following calculations:

$$\begin{aligned} \hat{H} = & - \sum_{\langle i,j \rangle} \tilde{J}_{x(z)} \hat{b}_i^\dagger \hat{b}_j + \frac{1}{2} U \sum_i \hat{b}_i^\dagger \hat{b}_i^\dagger \hat{b}_i \hat{b}_i \\ & + 2\text{Re}[\alpha] \eta_{\text{eff}} J'_0 \sum_i (-1)^i \hat{b}_i^\dagger \hat{b}_i \\ & + \sum_i (V_i - \bar{\mu}) \hat{b}_i^\dagger \hat{b}_i \end{aligned} \quad (1)$$

where \hat{b}_i^\dagger (\hat{b}_i) denotes the bosonic creation (annihilation) operator for a Wannier state at site i . Here \tilde{J}_x (\tilde{J}_z) is the effective nearest-neighbor hopping amplitude in the x - (z -) direction, with the hopping in x -direction determined by the cavity mode, $\tilde{\mu}$ is the effective chemical potential, $V_i = V_{\text{trap}} i^2$ with the strength V_{trap} of the external harmonic trap, and $U = 4\pi a_s \hbar^2/m$ is the Hubbard interaction strength. The cavity mode amplitude $\alpha = \eta_{\text{eff}} J'_0 \sum_i (-1)^i \langle \hat{b}_i^\dagger \hat{b}_i \rangle / (\Delta'_c + i\kappa)$ [18] with $\Delta'_c = \Delta_c - U_0 (J'_0 \sum_i \langle \hat{b}_i^\dagger \hat{b}_i \rangle + J'_1 \sum_{\langle i,j \rangle} \langle \hat{b}_i^\dagger \hat{b}_j \rangle)$, is determined self-consistently by the density distribution of the atoms. J'_0 , J'_1 and J'_2 denote the onsite single-particle matrix elements of the potential generated by the cavity mode, by scattering between pump laser and cavity mode via single atoms, and the first-order tunneling matrix element between nearest-neighbor sites of the cavity mode standing wave, respectively. $\eta_{\text{eff}} = -\sqrt{|V_p U_0|}$ denotes the effective pump strength into the cavity through atomic scattering, Δ_c the cavity-pump detuning, and V_p the depth of the standing-wave potential created by the pump laser in the z direction. The hopping amplitudes in x - and z -direction for nearest neighbors are given by $\tilde{J}_{x,z}/E_R = (4/\sqrt{\pi})(V_{x,z}/E_R)^{(3/4)} \exp(-2\sqrt{V_{x,z}/E_R})$ and the Hubbard interaction parameter by $U/E_R = 4\sqrt{2\pi}(a_s/\lambda_p)(V_x V_z V_y/E_R^3)^{(1/4)}$ [19], where V_x (V_y, V_z) is the optical lattice depth in the x - (y, z -) direction. For the onsite coupling matrix elements we use a Gaussian approximation of the Wannier states.

The main challenge now is to determine the steady state of the BEC-cavity system described by the Hamiltonian (1) in the Wannier basis. Here we apply real-space bosonic dynamical mean-field theory (RBDMFT) [16] which provides a non-perturbative description of the bosonic many-body system both in three and two spatial dimensions (considered here) [20]. RBDMFT, which is capable of including the inhomogeneity of a trapped system as well as strong correlations between the atoms, assumes the self energy to be local but site-dependent. In our calculations, we choose the recoil energy E_R (ω_R) as the unit of energy, and set $\hbar = 1$.

We first investigate the robustness of the supersolid phase against interactions for experimentally relevant parameters. The supersolid is characterized by coexistence of the staggered order parameter $\Phi = \langle \sum_i (-1)^i \hat{b}_i^\dagger \hat{b}_i \rangle / \langle \sum_i \hat{b}_i^\dagger \hat{b}_i \rangle$ and superfluid order $\phi = \langle \hat{b} \rangle$. There are two possible signs of Φ , i.e. the majority of the atoms occupy even sites for $\Phi > 0$ or odd sites for $\Phi < 0$ [7]. Intuitively, if the pump laser is strong enough to stabilize a larger atom density at the even sites, and at the same time we choose a negative shifted cavity detuning $\Delta'_c < 0$, this implies that the coherent scattering between the pump laser and the cavity mode generates a potential with minima at the even sites, as indicated by the staggered term of equation (1). As a result, the corresponding potential will attract more atoms toward even sites and the system self-organizes into a steady

state. In the following, we will confirm this heuristic argument via numerical simulations based on RBDMFT. To ensure that the tight-binding approximation is valid, we add an external optical lattice in the cavity direction with a depth of $V_{\text{ext}} = 5E_R$.

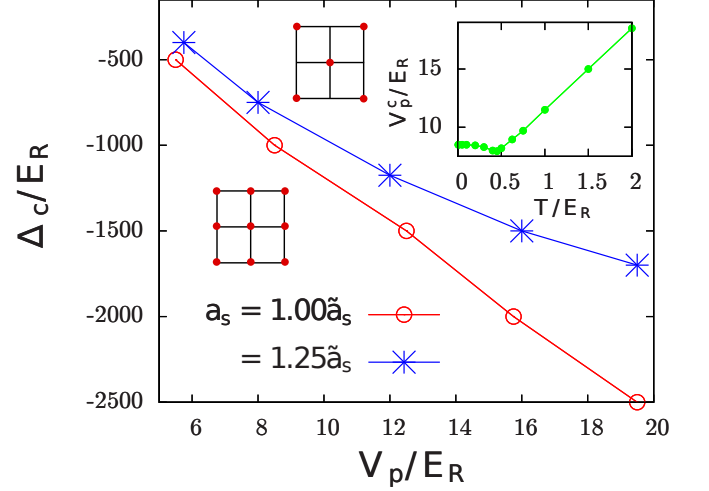


FIG. 1. Phase diagram at zero temperature for a total particle number $N_{\text{tot}} = 506$ and two different scattering lengths ($\tilde{a}_s = 5.77$ nm). The two phases are superfluid and supersolid. The cavity decay rate is set to $\kappa = 300E_R$ and the light shift is $U_0 = -0.1E_R$. Inset: critical strength V_p^c of the standing-wave pump laser vs. temperature at fixed cavity detuning $\Delta_c = -1000E_R$.

Fig. 1 shows the phase diagram of the system with scattering length $1.0\tilde{a}_s$ and $1.25\tilde{a}_s$ at zero temperature for a square lattice with $N_{\text{lat}} = 16 \times 16$. We find two different phases which are characterized by Φ . For a weak pump laser, the system is superfluid with homogeneous density distribution and $\Phi = 0$. In this case, the mean photon number in the cavity is zero. On the other hand, if the pump laser is strong enough, more photons are scattered into the cavity mode and the atoms organize themselves into a checkerboard pattern with $|\Phi| > 0$. Our simulations thus clearly confirm the existence of the supersolid phase for single-component Bose gases in the cavity in the presence of strong onsite interactions. In Fig. 1 we observe that the trend of the phase boundary from superfluid to supersolid as a function of V_p at fixed scattering length a_s is consistent with experiment [8]. The phase boundary is considerably shifted upwards for larger scattering length, which indicates that more pump laser power is needed to drive the system into the self-organized phase. We also observe that onsite interactions have a more pronounced effect on the buildup of the supersolid phase for a stronger pump laser field. Generally, there exists also an unstable state for positive shifted cavity detuning $\Delta'_c > 0$ [8, 21], which is beyond the scope of this work.

We also investigate the effect of finite temperature on

the critical pump strength, as shown in the inset of Fig. 1. We observe a minimum of V_p^c at low but finite temperature, since thermal fluctuations excite the atoms from the ground state and thus reduce the energy gap between the homogeneous and the self-organized state. As a result, less power of the pump laser is needed to stabilize the supersolid. On the other hand, at high temperature, thermal fluctuations tend to smear out the self-organized density pattern, and as a result, more power is needed to stabilize it. Note that the long-range order $\phi \neq 0$ at $T > 0$ in two dimensions is a mean-field artefact in the thermodynamical limit, while in reality, the system should exhibit a Kosterlitz-Thouless transition [22].

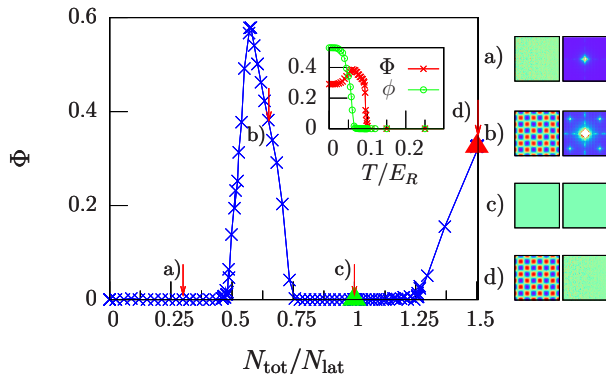


FIG. 2. Properties of the self-organized phases of strongly interacting bosons in the homogenous lattice. The blue curve corresponds to the filling dependence of checkerboard order Φ at zero temperature, the green (red) triangle denotes the point where the system is in the Mott insulator (checkerboard solid). (a)-(d): density distribution of superfluid, supersolid, Mott insulator and checkerboard solid, respectively in real space (left) and in quasi-momentum space (right), corresponding to the densities marked by the red arrows in the main figure. Other parameters are $\Delta_c = -500E_R$, $\kappa = 300E_R$, $U_0 = -0.1E_R$ and $V_p = 15E_R$. **Inset:** Melting of the supersolid phase with increasing temperature at fixed filling $N_{\text{tot}}/N_{\text{lat}} = 0.68$, where the green and red curves indicate the temperature dependence of the superfluid order ϕ and checkerboard order Φ .

From the previous discussion, we conclude that onsite interactions strongly shift the phase boundary between superfluid and supersolid. We now investigate this effect in detail at different fillings. We choose a cavity detuning $\Delta_c = -500\omega_R$, a scattering length of $2.5\tilde{a}_s$ and a lattice depth $V_p = 15E_R$ of the standing-wave pump laser, motivated by the recent experiment [8]. Fig. 2 displays the resulting checkerboard order Φ (blue line) as a function of filling, where four possible phases of the BEC-cavity system are observed. Panels (a)-(d) in Fig. 2 show the density distribution in real space (left) and in quasi-momentum space (right): a) superfluid phase ($\phi \neq 0$ and $\Phi = 0$) with off-diagonal long-range order (phase coherence), b) supersolid ($\phi \neq 0$ and $\Phi \neq 0$) with coexisting diagonal long-range order (periodic density modulation) and phase coherence, c) Mott insulator ($\phi = 0$

and $\Phi = 0$) with zero mean-photon number in the cavity mode, and d) checkerboard solid ($\phi = 0$ and $\Phi \neq 0$) with diagonal long-range order and finite mean-photon number in the cavity mode. Let us now discuss the underlying mechanism for the buildup of the self-organized phases. The excitation of the cavity mode is a collective effect due to all the atoms in the cavity and depends on the total particle number, i.e. the more atoms are in the cavity, the more photons will be coherently scattered into the cavity mode, and the easier the checkerboard pattern of the density distribution can be formed. In the absence of induced long-range interactions, there are two possible phases for strongly interacting bosonic gases in an optical lattice: superfluid and Mott insulator. The low-lying excitations of the superfluid phase are gapless sound modes which can be easily excited [23], while the lowest excitations of the Mott insulator are gapped particle-hole pairs with an energy gap of order U [24]. These different excitation properties strongly influence the buildup of the self-organized phases. As can be seen from the blue curve in Fig. 2, the order parameter Φ becomes finite with increasing total particle number, and decreases to zero again in the vicinity of the Mott insulator. With further increase of the filling $n > 1$, the checkerboard supersolid phase appears again. Interestingly, there is also a checkerboard *solid* phase emerging at $n = 1.5$, since for larger particle number more photons are scattered into the cavity mode, and the resulting standing wave in the cavity direction suppresses tunneling of atoms and therefore superfluidity. Interestingly, we observe a maximum of the order parameter Φ at finite temperature due to the competition between superfluid and checkerboard order. All four phases can be detected experimentally by combining time-of-flight measurements and the detection of photons leaking from the cavity [8, 15].

We have so far studied the homogeneous case, but in real experiments the external trap induces inhomogeneity and a resulting coexistence of superfluid, Mott insulator, supersolid and checkerboard solid. We will now investigate the effect of inhomogeneity on the buildup of self-organized phases of the BEC-cavity system, and answer the question how the different phases shown in Fig. 2 will manifest themselves in the experiment. In contrast to the situation with pure contact interactions, we find that the properties of the BEC in the optical cavity are strongly influenced by the trapping potential, due to cavity-mediated long-range interactions which are self-consistently determined by the density distribution of the whole system. Here we consider a $N_{\text{lat}} = 32 \times 32$ lattice with harmonic trap strength $V_{\text{trap}} = 0.003E_R$. All other parameters are chosen as in Fig. 2. In Fig. 3 we show the resulting density (upper panels) and superfluid order parameter distributions (lower panels) in real space for different total particle numbers. In general, the larger the total particle number, the more photons are scattered into the cavity mode, and thus the easier the sys-

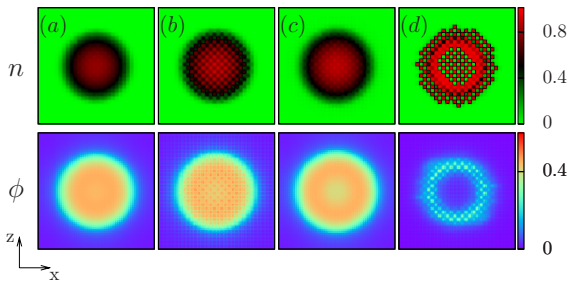


FIG. 3. Density distribution n and superfluid order parameter ϕ versus position on a *square* (32×32) lattice for different atom numbers $N_{\text{tot}} = 139, 167, 184$ and 220 in panels (a), (b), (c) and (d), respectively. Other parameters are $\Delta_c = -500E_R$, $\kappa = 300E_R$, $U_0 = -0.1E_R$, $V_p = 15E_R$, with a harmonic trap $V_{\text{trap}} = 0.003E_R$.

tem can form the self-organized phase. We observe that at $N_{\text{tot}} = 139$, there is almost no checkerboard phase region, as visible in panel (a). At $N_{\text{tot}} = 167$, the supersolid phase can be clearly observed in the center of the trap, since with increasing N_{tot} the superfluid core expands at the trap center and hence more photons are scattered into the cavity mode. From Fig. 2, we expect that the self-organized phase will disappear again when the number of particles increases to a value at which a Mott gap arises in the center of the trap, which is clearly visible in panel (c) at $N_{\text{tot}} = 184$. After further increase of the particle number to $N_{\text{tot}} = 220$, the checkerboard order reappears again. Moreover, we observe a checkerboard solid core with average filling $n = 0.5$ building up, which in the homogeneous case only exists at filling $n = 1.5$ for the same parameters, i.e. we observe the checkerboard solid in a parameter regime where it is not visible in the homogeneous system. This is because a spatially inhomogeneous atom density due to the harmonic trap strongly enhances the scattering between pump laser and cavity mode. Observation of these different phases is possible by using single-site addressing techniques in an optical lattice based on optical or electron microscopy [25–27].

In conclusion, we have investigated self-organized phases (supersolid and checkerboard solid) of both homogeneous and trapped ultracold Bose gases coupled to a high-finesse optical cavity. We have found that these phases are robust against strong onsite interactions at zero temperature, where the self-organization phase transition is solely driven by quantum fluctuations. We observe that thermal fluctuations can enhance the buildup of self-organized phases at finite but low temperature. In the presence of an external harmonic trap, the coexistence of superfluid, Mott-insulating, supersolid and checkerboard solid domains is observed. We find the

buildup of these self-organized phases to be strongly influenced by an external trap, due to the density dependence of scattering between pump laser and cavity mode by atoms in the cavity. Self-organized phases can be detected by combining time-of-flight measurements and the detection of photons leaking from the cavity [8], while the coexistence of different phases in the presence of an external trap could be directly observed by quantum gas microscopy with single-site resolution [25–27].

We acknowledge useful discussions with A. Hemmerich and R. Mottl. This work was supported by the China Scholarship Fund (YL), and by the Deutsche Forschungsgemeinschaft (DFG) via SFB-TR 49 and the DIP project HO 2407/5-1.

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